

STORYTELLERS OF CHANGE ANNUAL REPORT 2020-2021 In the future, students will demand a learning support that is appropriate for their situation or context. Nothing more, nothing less.



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## **OUR VISION**

Empowering women to ensure holistic development, economic stability and a life of dignity.

## **OUR MISSION**

Creating a socially inclusive and sustainable environment among the underprivileged and unreached communities, particularly women and children by providing health care, education, capacity building, and livelihood opportunities. We envisage a world free of disease, deprivation, distress, exploitation and subjugation, ensuring the overall well-being of the family, society and community.



## Word from the Wise

Greetings,

#### **Building An Ecosystem For Community Empowerment**

In 1982, when Shri C.K. Mehta founded Deepak Foundation, he envisioned of an institution that provides equitable access to medical and healthcare facilities to the workers, their respective families, and those of the communities in proximity to the Nandesari plant.

Over the years, while the scale and scope of the community empowerment initiatives have broadened, at the core, the foundation remain the same—steadfast in building an 'Ecosystem' for community empowerment. Even as the Covid-19 pandemic abates, albeit at a tepid pace, it gives me immense pleasure to share that Foundation's initiatives have left an indelible mark on communities pan-India.

Be it supplementing the Government & the private sector's efforts to manage Public Health or protecting lives and livelihood, Deepak Foundation has left no stone unturned, to ensure that underprivileged communities emerge stronger. Despite the numerous hurdles that the pandemic posed, the women-led Self Help Groups (SHGs) adapted to create products, that are the need of the hour for the society-at-large.

In a year that was marked with commendable success, I would

like to draw special attention to the efforts in creating an ecosystem, that empowers recipients to bridge the last mile gap in availing social safety net programs, through Project Sangaath.

Although launched in 2018, Sangaath has come of age at a critical juncture, when the Government is placing unprecedented focus on poverty alleviation and a better access to livelihood. Currently operational in 50 sites across Gujarat, Maharashtra and Haryana, comprising over 20,000 beneficiaries.

More importantly, where Sangaath stands apart is in its immaculate delivery, through technology and digital infrastructure. After all, for India, to address poverty and equitability, technology would play an asymmetrically larger role.

To conclude, I would like to highlight that at a time when India is at an economic inflection point, it is imperative that there be a whole-hearted commitment, institutional and individual alike, towards ensuring that the vulnerable sections of the society do not fall through the cracks. An equitable society is a collective achievement, for the nation and its peoples. In the years to come, Deepak Foundation shall only multiply its efforts to create a holistic ecosystem for community empowerment, one that has the organic capacity to spawn into a socio-economic success.



DEEPAK C. MEHTA Trustee, Deepak Foundation

## From the Director's Desk

Greetings,

Pandemic was an alien threat to the living generation, but 2020 witnessed one of the worst health crises known to the mankind. While Western world struggled with the magnitude and uncertainties it was obvious that the poor countries around the world could encounter much stark realities. Many feared India could end up one of the worst affected countries in the world. The experts were particularly concerned about our population and the lack of infrastructure in the rural belt.

Our healthcare workers owned up the responsibility and managed it beyond the expectations of the world. The frontline workers warrant kudos for their selfless devotion to the task at hand. Sacrifices of many frontline workers will be remembered by the nation forever.

Deepak Foundation, with its expertise and vast experience, plunged into Covid relief work at community levels early on in 2020, and was there for citizens and migrants ever since. Deepak Foundation would gratefully remember those who passed on to other worlds while doing selfless work.

We continued with vigour and hope to reach out to a larger number of the marginalised masses. We have set up COVID-19 care units at four locations in Gujarat, Maharashtra, Telangana and Jharkhand. We are leveraging our partners and experts to help local communities, the underprivileged and reversed migrants. Our focus is to reduce the burden on urban tertiary care facilities, as they are already overstretched without enough staff, infrastructure issues, lack of stock and supplies to save lives.

The country witnessed unfortunate incidents of immoral and unethical practices for quick and ultra-profits by some. But as humanitarian aid, Deepak Foundation has been providing 24x7 cost-effective, timely and quality lifesaving opportunities for rural communities seeking medical assistance. Besides, we have gone a step ahead by holding awareness sessions and are promoting COVID-19-appropriate behaviours among rural communities to prevent the spread of further waves in rural areas.

To sum up, the purpose of our varied responses to the COVID-19 pandemic have been to create a balance in healthcare system to ensure that no one is left behind –both during a disaster and in recovery. The Foundation will diligently keep on walking towards its goal and supporting the communities during sickness, countering social determinants such as financial hardship and limited access to education, and empowering them to enhance their health and wellbeing. Deepak Foundation remains excited about its strategies for the next five years, particularly with the new amendment in the CSR Act. The introduction of amendment will mean that all new CSR Projects ought to have a third-party impact evaluation which will help policy advocacy immensely. This is a new area where the implementing and donor agencies can come together to formulate policies and will be based on evidence.

Deepak Foundation is keen to strengthening the research and development team. Second area Deepak Foundation is determined to focus on is climate change and environmental conservation, a critical subject for the Globe. Third, we would be deeply focusing on our ongoing education and nutrition programmes, which have taken a hit due to pandemic for two consecutive years. Our objective is to contribute even more in the years ahead, as it is a very critical sector for India.

Last, but not the least, thing to focus on is strengthening the Human Resources as a Change Agent. We need more people with skillsets in the development sector to develop our human resource index. We will remain passionate about Human Resources.

#### **ARCHANA JOSHI**



## FOUNDER



## Shri C. K. Mehta, Founder

A first-generation entrepreneur and a philanthropist, Shri C. K. Mehta is the Founder of the Deepak Group of Industries. A successful businessman with a farsighted and empathetic approach, he founded the Deepak Foundation in 1982 to support the needy and underprivileged communities. It's now been four decades of engagement in the development sector.

## **OUR TRUSTEES**



Shri Deepak C. Mehta Trustee



Smt. Ila D. Mehta Trustee



Shri Sailesh C. Mehta Trustee

## MEMBERS OF ADVISORY COMMITTEE

## Dr. P. N. Khandwalla

Dr. P. N. Khandwalla served as the Director of Indian Institute of Management Ahmedabad until 1996. His teachings and research in organizational theory, design, and restructuring of organizations for management excellence, effective management of public enterprises and governmental organizations, creativity and innovation has been of paramount importance in designing the Foundation's organizational framework. He is also on the advisory council of Aspire Circle.

#### Shri S. R. Wadhwa

A Tax Management Consultant and Advocate, Shri S. R. Wadhwa is the former Chief Commissioner of Income Tax, and Chairman, Income Tax Settlement Commission. He plays a pivotal role in guiding the Foundation towards financial management and achieving its overall goal of sustainable growth in the sectors of public health, skill building, livelihood generation, children with special needs and education.

### Shri A. M. Tiwari, I.A.S.

Retired as Additional Chief Secretary, Home Department, Government of Gujarat, Shri A. M. Tiwari has held diverse portfolios. He held important positions such as Principal Secretary in Education, Social Justice & Empowerment, Tribal Development, and has been the Managing Director of Corporations like GACL, GSFC and GNFC etc. As he has an immense interest in the development sector, he is guiding the Foundation with his technical expertise in the field of livelihood and strategising the implementation activities.

### Dr. Dileep Mavalankar

Dr. Dileep Mavlankar is the Director of Indian Institute of Public Health, Gandhinagar, since 2012. His work experience includes faculty and research positions at the National Institute of Health in Bethesda, USA, Indian Institute of Management Ahmedabad, and Mailman School of Public Health, Columbia University, NY, USA. He has worked as consultant to many organizations, including Columbia University, WHO (Geneva, Western Pacific Regional Office), UNICEF (New Delhi), UNDP/World Bank (India) etc. Since 2005, he is an advisor to Deepak Foundation on its research and development activities.

### Dr. N. C. Patel

Former Vice Chancellor, Anand Agricultural University (AAU), Dr. N. C. Patel did his Ph.D. in Agricultural Engineering with specialization in Crop Process Engineering from the Indian Institute of Technology Kharagpur in 1993. Recipient of many prestigious awards, he has been the director of key state government corporations. He is guiding the Foundation with his technical expertise in the development of agro-processing equipment and technologies and livelihood initiatives.











## MEET THE THINKERS, MAKERS & DOERS



Dr. Jai Pawar, Deputy Director (Livelihood & Skills Building)



Ms. Archana Joshi Director



Dr. Akash Kumar Lal Deputy Director (Public Health)



Ms. Sushma Bhonsale Head (Accounts)



Ms. Suchi Dave In-charge (Human Resources)



Dr. Mital Petiwale, In-charge (Research & Development)



Dr. Riddhi Mehta In-charge (DMF)



Mr. Shardul Acharya In-charge (Mobile Health Unit)



Mr. Santosh Surve Education Program Manager



Dr. Ruchi Mehta Head (Strategy)



Ms. Smita Maniar Team Leader, Nandesari



Ms. Priya Chakraborty Giri Senior Communication Manager



Dr. Mukeshgiri Goswami In-charge (Clinical Services)



Dr. Harshada Bhalerao, In-charge (Monitoring & Evaluation)



Mr. Punit Raval Executive Assistant

## THE WAY WE WORK - OUR ORGANOGRAM





## **OUR POWERHOUSE STRENGTH**

#### Training on Prevention of Sexual Harassment at Workplace (POSH)

Type of Client	No. of Clients	No. of Batches Trained	No. of Trainees Covered
Corporate	17	48	2265
Government	9	38	3708
DF Internal+External	2	10	293
Teaching Institute	1	8	912
Total	29	104	7178

Gender wise bifurcation of staff as on March 2021



Age wise staff distribution as on March 2021



**SKILLS OF BUILDING OF STAFF** 



Areas of Intervention

Stories of Strength

Financial Statements

## CELEBRATING WOMEN: THE STRENGTH WITHIN



Deepak Foundation celebrated International Women's Day on March 6, 2021. The celebrations highlighted the role of women who have been at the forefront of the global health crisis. These include health workers, caregivers, doctors, community organizers and innovators.

The chief guests for the occasion were Smt. Leelaben Ankoliya, Chairperson, Gujarat State Women Commission, and HH Maharani Radhika Raje Gaekwad. The occasion was also graced by Smt. Ila Mehta, Trustee, Deepak Foundation, Smt. Ratna Jani, social entrepreneur and Dr. Falguni Vasavada Oza, Faculty at the Mudra Institute of Communications, Ahmedabad.

The 2nd Smt. Kantaben Mehta Memorial Women Empowerment



Awards were also presented to seven external awardees who are trendsetters in their own domain. These are:

- Sanjukta Sinha, Kathak danseuse
- Kanan Solanki, expecting mother and nurse who had served at the COVID-19 ward in the government hospital
- Dr. Anupama Kumari, Anesthesiologist & Critical care at Maulana Azad Medical College, Lok Nayak Hospital, New Delhi
- Meena Sharma, Roti Bank's Curator
- Mira Erda, Go Karting enthusiast
- Anju Sharma, Rifle Shooter
- Maitree Pradhan, Cyclist





## **EVENTS**

## A year of resilience—

NDRF 6th Battalion Jarod team honoured corona warriors.

Recognition to COVID warriors for the efforts and selfless contribution made during the pandemic by dedicated and committed team members.



Celebration of 38th Foundation Day.



Children from slums and rural areas were invited to be part of the Christmas celebrations co-organised by Radio City.





# HIGHLIGHTS

## **A year of resurgence**

Krushak Mahila Khet Utpadak Producer Company Limited participated in Tribes India 'Aadi Mahotsav' by TRIFED.

Comprehensive Community Development Programme was held at Zilla Parishad School, Ambale, Talegaon, Pune Maharashtra, as a CSR initiative of Schaeffler.

Special Elderly Mobile Health Unit 'A Healing Touch' was rolled out in Kalol, Panchamahal, Gujarat.

'Donate-a-Book' campaign was conducted by Pratham Books for Project Vivek Vidya.







## **ACCREDITATIONS & AFFILIATIONS**

## **QUALITY POLICY**

The Foundation is committed to contributing its share in social development with compliance to the statutory and regulatory requirements, wherever applicable. We are committed to quality, integrity, and excellence in all areas of social services. We pledge to monitor our performance as an on-going activity and strive for continual improvement.

## REGISTRATION

- Bombay Public Trust Act, 1950 No. E.3122-BARODA dated November 22, 1982.
- Registered under Foreign Registration Act (FCRA), 1976 No. 041960088 dated January 20, 1999.
- Institutional Ethics Committee is registered under New Drugs and Clinical Trials Rules, 2019
- Registration No. ECR/901/Inst/GJ/2017/RR-20.

Members of Ethics Committee	Role/Designation in Institutional Ethics Committee
Dr. Shagufa Kapadia	Chair Person
Dr. Parvati Patel	Medical Scientist
Dr. Nikhil Kharod	Clinician
Dr. Nandita Maitra	Clinician
Dr. Ankur Saxena	Social Scientist
Mr. Shailesh Patel	Legal Expert
Dr. Meenakshi Mehan	Member
Dr. Harshada Bhalerao	Member Secretary
Ms. Urvi Thakkar	Lay Person

• The Foundation was accredited in 2011-12 by Credibility Alliance and ISO 9001:2015.

## A. RESEARCH AND DEVELOPMENT

- Recognized as Scientific and Industrial Research Organization (SIRO) by the Department of Scientific and Industrial Research, Ministry of Science and Technology, Government of India.
- Recognized by National Health Systems Resource Centre, Ministry of Health and Family Welfare, Government of India, for 'Public Health Research' and as 'National Training Site for ASHA and Community Processes Programme'.
- Empanelled by General Administration Department Planning, Government of Gujarat, for research in social sector.

## **B. PUBLIC HEALTH**

- Partnership with the Department of Health and Family Welfare, Government of Gujarat, since the past 15 years.
- Recognized by State Institute of Health and Family Welfare, Government of Gujarat, and three years with Government of Jharkhand for capacity building of grassroots health functionaries.
- Established Drug and Therapeutic Committee to screen procurement and supply of pharma products.

## **DRUGS & THERAPEUTIC COMMITTEE**

Deepak Foundation constituted a multidisciplinary experts' committee in 2015-16 in order to rationalise the use of pharma products, ensure compliances to regular SOPs laid down by the Medical Council of India and other Government of India regulatory bodies. The objective of Drug and Therapeutic Committee (DTC) is to promote quality of patient care by rationalizing the use of drugs. The DTC ensures that patients are provided with the best possible cost-effective and quality care by functioning in the following ways:

- Providing advice on all aspects of drug management.
- Developing drug policies.
- Evaluating and selecting drugs for the formulary list.
- Developing (or adapting) and implementing standard treatment guidelines.
- Assessing drug use, specifically antibiotic prescription, to understand drug prescription pattern.
- · Apprising and educating medical staff on guidelines of the government and Medical Council of India.
- Promoting allied medicines such as AYUSH in conditions and cases deemed appropriate.

## **ACCREDITATIONS & AFFILIATIONS**

- · Conducting interventions like prescription audits to improve drug use.
- Managing adverse drug reactions and medication errors.
- Adherence to government regulation and promoting government schemes and programmes.

## C. SKILLS BUILDING & LIVELIHOODS

- Empanelled with Ministry of Women & Child Development for imparting training programmes/workshops under Sexual Harassment of Women at Workplace (Prevention, Prohibition & Redressal) Act 2013.
- Affiliated with Domestic Workers Sector Skill Council under Skill India, Government of India (GoI), for conducting GoI-approved courses on Housekeeping and Housekeeping-cum-Cook (Training Partner ID – DWTP2017/0092).
- Affiliated with Directorate of Employment & Training, Ministry of Labour & Employment, Government of Gujarat, for providing vocational training on Bedside Assistant & Nursing Aide.
- Affiliated with Directorate of Industrial Safety and Health (DISH), Department of Employment and Labour, Government of Gujarat, for undertaking industrial trainings on topics like Silicosis, HIV/AIDS, Byssinosis, Tobacco Awareness, etc.
- Registered (PRN: GJ2016RT13589) under Deen Dayal Upadhyaya Grameen Kaushalya Yojana (DDU-GKY) of National Rural Livelihoods Mission (NRLM) of the Ministry of Rural Development, Government of India.
- Empanelled with the National Rural Livelihoods Mission as Project Implementation Agency (PIA) to implement Start-up Village Entrepreneurship Programme (SVEP) in Gujarat (GUJ4B0018400101).
- Empanelled as Resource Institutions (RIs) for Promoting Farmer Producer Organizations (FPOs), with Small Farmers' Agribusiness Consortium (SFAC), a society promoted by the Department of Agriculture and Cooperation, Government of India.

### D. CORPORATE SOCIAL RESPONSIBILITY

- Empanelled with Gujarat CSR Authority, Government of Gujarat, as CSR Implementation Agency.
- Empanelled with National CSR Hub at TISS under Ministry of Heavy Industries and Public Enterprises, Government of India, for conducting CSR activities.

### E. MONITORING, EVALUATION AND DOCUMENTATION

 Empanelled with NABARD Consultancy Services Private Limited (NABCONS) for Monitoring, Evaluation and Documentation of TDF projects in Gujarat.

## F. OTHERS

- Member of Executive Committee of Sajjata Sangh.
- Member of the Internal Complaints Committee on Prevention of Sexual Harassment of Women at Workplace Act in more than 15 companies and institutes.
- Registered under the NGO Partnership System of Planning Commission [Registration No. GJ/2009/0008944].

## G. LICENSES

FSSAI license for various food products including Instant Khichdi, pulses, sauces & flours.

## MEET OUR VALUABLE PARTNERS



# Promoting Reading

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# PUBLIC HEALTH NUTRITION & CLINICAL SERVICES

## 2

Plugging critical gaps and delivering quality health care in remote & tribal areas

## Comprehensive Emergency Obstetric & Neonatal Care at Chhota Udepur, Gujarat - Strengthening the public health care delivery system

Committed to maternal and newborn care, the Foundation continued providing maternal and newborn services through Comprehensive Emergency Obstetric & Neonatal Care (CEMONC) at CHC, Jabugam in Chhota Udepur district since 2006. Catering to around a million, predominantly tribal population, the unit has been upgraded from a 30-bedded hospital to a 100-bedded facility, handling obstetric emergencies and gynaecological surgeries as part of public-private partnership initiative.

With its state-of-the-art facilities, CEMONC has helped in promoting and increasing institutional deliveries in the area averting maternal and infant deaths. Our results demonstrated that the referral facility showed rapid positive results as it was the only centre in the district that dealt with major obstetric complications. This centre has reduced transport time to other centres for treatment, and also shown significant reduction in financial burden on the on the poor communities of the area by providing free-of-cost services.

Over the span of 15 years, the Foundation has efficiently scaled up, upgraded and improved the health system capacity, performance and management of the facility. It is one of the longest and the most successful partnership model that continued services during COVID-19 pandemic.

Creating sustainable and impactful solutions in the lives of communities and stakeholders forms the core of the Foundation's approach. Our frontline warriors braced the pandemic and financial services to reach out to the poorest of the poor who were worst hit during the pandemic.

#### Key Results of CEmONC - Output/Outcome/Impact of the project since 2011-2021



## **Operationalization of Health and Wellness Centres (HWCs)**

The National Health Policy 2017 recommended strengthening the delivery of primary healthcare through establishment of 1,50,000 Health and Wellness Centres across the country. HWCs are the platform to deliver comprehensive primary healthcare, covering both maternal and child health services and non-communicable diseases, including free essential drugs and diagnostic services linked with mobile health units.

The Foundation has extended its support in operationalization of HWCs at Parasnath Hills in Madhuban, Giridih district of Jharkhand, and Ambheta and Bhensali villages in Bharuch district of Gujarat.

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## HWCs at Ambheta and Bhensali, Bharuch

The Foundation has been entrusted with the task of strengthening, upgrading and operationalizing HWCs in villages, Ambheta and Bhensali villages, in Vagra taluka of Bharuch district. The interventions could only be initiated from July 2020 due to the pandemic. The HWCs are gradually picking up with OPDs and outreach activities, with uptake of services showing an improvement each month. The Centres were designated as COVID-19 Vaccine Centres, wherein around 200 people were vaccinated.



## Kalyan Hospitals, Jharkhand

Extending its footprints to Jharkhand, the Foundation has been leveraging its resources to strengthen, manage and maintain Kalyan Hospital under Tribal Welfare Commissionerate. This is the First Referral Unit (FRU) located at Erki in Khunti district and Kuchai, in Saraikela-Kharsawan district, Jharkhand that bridges the resource disparity and provides quality healthcare services to the tribal communities in these districts.

The Foundation has been successful in strengthening the FRUs by providing access to an array of services available at one place for people at the bottom of the pyramid. This year, the FRUs in both the districts were designated as government's COVID-19 care facilities. The FRUs delivered consultation and treatment via telemedicine to the patients linked with outreach activities.

## Parasnath Arogya Seva Kendra (PASK), Madhuban

Given a dearth of availability and accessibility of healthcare services, Deepak Foundation activated and strengthened the health sub-centre at the top of the hill to provide health services to the local communities inhabiting the region as well as for Jain pilgrims who visit Parasnath.

This year, PASK conducted 6,972 OPDs, out of which 73% were clinic OPDs and 27% were outreach OPDs. Given the COVID-19 situation, this year the outreach activities involving Behaviour Change Communication (BCC) activities and health camps had to be curtailed to some extent.





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## Creating Health Facilities - Addressing fundamental health needs of rural communities



#### Deepak Medical Foundation, GIDC, Nandesari, Vadodara District

Since its inception, the Foundation has acknowledged that access to affordable healthcare services is a key component to preventing households into lapsing back to poverty, particularly in rural areas. Addressing its core mission of providing maternal and child healthcare services, in and around Nandesari area, Deepak Medical Foundation (DMF) hospital was set up in 1981.

Today, four decades later, DMF has increased its capacity from 15 to 40 beds linked with integraded outreach services to over 200,000 rural population near GIDC Nandesari. The hospital offers professional services of a gynaecologist, pediatrician, general surgeon, ophthalmologist and dentist for the rural population of Nandesari and its surrounding villages. Upgrading laboratory and diagnostic support to complement the expanded ranges of services, the hospital has a fully equipped diagnostic and pharmacy centre as well.

In the midst of the pandemic, the facility was upgraded to provide ICU beds to critical cases referred from rural areas. The facility has dedicated Covid Care ward with oxygen plant to ensure emergency supply of oxygen and an ambulance services. As compared to the previous year, this year there was a 31% increase in indoor admissions and 15% increase in deliveries conducted at the facility.



Year	OPDs	IPDs	Pharmacy Footfalls	Deliveries
2018-19	6818	349	6759	177
2019-20	6165	345	6863	129
2020-21	4432	453	5790	152

## Deepak Occupational Health Centres (DOHCs), Vadodara and Dahej, Gujarat

Deepak Occupational Health Centres have been set up to assess and reduce exposure to occupational risks, and offer medical surveillance for early detection of occupational and work-related diseases and injuries. These services are especially available for the workers of various Gujarat Industrial Development Corporation (GIDC), like Nandesari, Dahej and other GIDC.

#### **Comprehensive Occupational Health Services**

- Pre and post periodical medical checkups
- Health and safety awareness trainings
- Wellness programmes
- Canteen audits of industrial plants



Total Medical Check-ups Done

Total OPDs Conducted



## **Operation ASHA E-vaccination Project**

In order to improve the immunization aligned to project Indradhanush in Bodeli and Pavi Jetpur talukas of Chhota Udepur district, the Foundation initiated Operation ASHA. Under this, 900 infants of Bodeli and Pavi Jetpur talukas of Chhota Udepur district were tracked to ensure full immunization coverage. The project made satisfactory achievement of target set to the year. Children were tracked until 9 months of age to track their immunizationn status. It was observed that the percentage immunization at birth was 99% and drop was observed in subsequent schdeuled doses. Loss to follow-up was one of the major reason for low reported percentage immunization as women who came for their deliveries to their natal homes left for their husband's home by the 10th week and carried on with the remaining immunization schedule of their babies from their own areas of residence.



### Health on Wheels - Quality Healthcare at Your Doorstep

This year saw a paradigm shift in all aspects of service delivery and way of life. With the private clinics providing restricted services as precautionary measure and public facilities overburdened with COVID-19 screenings and treatment, the primary health services were considerably affected, particularly in rural areas.

In this backdrop, 17 Mobile Health Units (MHUs), operated by Deepak Foundation in partnership with various CSR donors, provided a whole gamut of services. These MHUs have a multi-state presence: Gujarat (11 units), Maharashtra (4 units) and Jharkhand (2 units) and they reached out to the rural (11 units) and tribal (6 units) communities with their services.

This year around 3,00,000 beneficiaries were served by 17 MHUs across Gujarat (1,97,376), Maharashtra 67,395) and Jharkhand (30,069). These services were availed by nearly 1,00,000 tribal population and 2,00,000 rural population.

Counselling services were availed by nearly 1,00,000 beneficiaries of which 69% were rural and 31% encompassed tribal beneficiaries on various topics like Anemia, Malnutrition, Menstrual Hygiene, Covid-19 prevention, and Vaccination, Family planning, etc.

Given the vulnerability of the elderly population in the pandemic, the MHU team made periodic home visits for the elderly in cases where consultation was deemed necessary for general health check-ups, post-operative care, pain management, etc. Across 17 MHUs, 26% of the beneficiaries were aged between 45-63 years and 13% were over 65 years of age and they availed the OPD services, which was comparatively higher than the other age groups. Some of the MHUs are also linked with prevention of anaemia among adolescent population.

Year	Beneficiaries	Counselling	OPD
2018-19	3,24,421	80,887	2,43,534
2019-20	3,51,334	1,16,963	2,34,371
2020-21	2,94,840	81,586	2,13,254





## Deepak Pathology Laboratory and Diagnostic Centre (DPLDC), Dahej, Bharuch District



The Foundation has operationalized a state-of-the-art laboratory and diagnostic centre at Dahej. This centre provides advanced pathological and diagnostic services under an experienced pathologist and trained laboratory technician. The diagnostic centre facilitate local sample collection, establishes physician to physician communication for outside referrals and post diagnostic communication.



## **Operationalizing De-addiction Centres - in Urban Slums & Rural Areas**

Sustainable Development Goal 3 focusses on preventing and treating the harmful use of alcohol and strengthening tobacco control. Alcohol consumption and tobacco use are associated with a range of communicable and non-communicable diseases and mental health disorders, bringing a high social cost due to loss of livelihood and in turn its entire family.

#### Alcohol De-addiction Centre, Hyderabad

High consumption of alcohol and other substances has been on a steady rise in the state of Telangana. It was again evidenced in the data from the first round of NFHS-5 (2019-20), on alcohol consumption by men and women. This revealed that Telangana was leading the charts at 43.3%. To tackle this problem, the Foundation has been working in 12 slums of Jeedimetla, Quthbullapur Municipality, Hyderabad, Telangana, through the De-addiction Centre, set up since 2016. Apart from treatment of the addicts, the Foundation provides livelihood opportunities to families of around 80 addicts.

#### Tobacco De-addiction Centre, Nandesari, Vadodara

The tobacco consumption data as per NFHS 5 (2019-2020), Vadodara rural, revealed that 29.1% men and 6.8% women aged 15 years and above use any kind of tobacco. Having come across men, women, young boys and girls with this addiction in Nandesari and surrounding villages and to alleviate the harm that tobacco use, the Foundation started the De-addiction and Counselling Centre at Nandesari in September 2020. Precursor to this, a survey was done to identify substance users in two villages of Nandesari and Fajalpur. A total of 1,109 addicts were identified through the data received. These concerted efforts of intensive counselling have resulted in about 13% of the beneficiaries being motivated to change their habits.



# Citizen's Help Desk, Sir Sayajirao General Hospital, and Gujarat Medical Education and Research Society (GMERS) Medical College, Gotri

Large government hospitals are often overstretched with capacity, affecting particularly for those who are referred from rural areas to access govt. health services. The Foundation operates a 24x7 Citizen's Help Desk to facilitate timely access of services to the patients to save lives and improve the quality of care at the District Hospital and GMERS Medical College, Gotri, Vadodara. This year, both these hospitals were converted to COVID-19 facilities wherein the Help Desk rendered noteworthy services, functioning as a COVID-19 Control Room assisting COVID-19 patients in admissions and other processes. In all,



5,645 family members of COVID-19 patients received counselling at GMERS Help Desk.



# Integrated Child Development Scheme: Nutrition, Pre-school & Health - A crucial link with the community, primary healthcare and education system

Deepak Foundation, in partnership with Department of Women and Child Development, Government of Gujarat, is implementing value-added services in 67 Aanganwadi Centers falling under three PHCs - in Nandesari GIDC area of Vadodara district. Owing to COVID-19, the Aanganwadi Centres were closed during the entire year. Hence, activities were implemented through home-based strategy by locally trained women volunteers. Following interventions were implemented:

- 165 pregnant and lactating mothers tracked and counselled for 1,000 days to present nutrition.
- 13-15 home visits made during the 1,000 days.
- Nutritional status of 3,039 children assessed.
- Counselling of parents and family of Severe acute malnutrition (SAM) children.
- Mobilization for treatment and monthly check ups of SAM children by paediatrician at DMF hospital.
- Provision of Ready-to-use therapeutic food (RUTF), tonics and required medication to SAM children.
- 250 SAM children provided Nutri-Dense 'ladoos' prepared from multigrain flour, jaggery and ghee by SHG workers for 15-20 days a month as additional supplement.
- Behaviour change communication initiated to address anaemia and improve nutritional status among adolescent girl.
- Monthly counselling to ensure iron-folic acid tablets consumption.
- Utilization of Take Home Ration supplied by ICDS facilitated.

8835	Total Beneficiaries	
8241	Total beneficiaries received Supplementary nutrition through Govt	٢
250	Total SMN children tracked and treated	
467	Total Adolescent Girls counselled	

\* Total Number of Home Visits for Counselling to Mothers to counsel for Nutrition-Health Promotion: 2296 home visits covering 152 pregnant and lactating mothers



## Fight Against Tuberculosis, A Public Health Crisis

This year, the Foundation expanded its footprints in Madhya Pradesh, working as a Patient Provider Support Agency (PPSA) under National Tuberculosis Elimination Program (NTEP) in 21 districts in three divisions of Sagar, Gwalior and Jabalpur. The program aims at diagnosis, treatment and care of tuberculosis patients in the public and private sector.

Under this, the Foundation has been engaged with doctors, hospitals, nursing homes, laboratories and chemists working in the private sector to ensure that no patient is left behind.

The intervention efforts since the last two quarters have shown a steady rise in TB notification across 21 districts, with altogether 16,769 private notifications recorded over a period of six months. The other indicators also showed improvement in HIV testing and registration under Nikshay portal.

#### Flow chart of Activities:





## Achievement on key indicators across 21 districts



# EDUCATION

## Project Vivek Vidya Catalysing learning competencies among school children through Mobile Education Services

Through Project Vivek Vidya, the Foundation endeavours to plug the critical gap between education and learning among underprivileged children aged 6 to 16 years who little or no digital access and quality reading material in primary schools. The Project aims at improving seven key competencies such as Reading, Writing, Quantitative Abilities, Creative and Critical Thinking, Listening and Speaking Narrative Competencies, Social and Emotional Understanding and Self Confidence. Children are encouraged to become members of mobile library at a nominal annual subscription of Rs. 10. The mobile library stocks a wide range of age-appropriate story books in local languages and self-learning teaching aides. Vidya Saathis - local volunteers are skilled in the art of storytelling fuel imagination, creativity and encourage children to narrate stories. This was supplemented with conducting monthly events, such as celebrations of festivals, group work activities, role plays, quizzes, fun interactive games, art and craft activities with hands-on experience along with peer learning.

As the pandemic led to closure of schools, the 43 Vidya Saathis conducted special education camps among small groups of children following COVID-19 protocol to support them in completing the online assignments, help in competing their workbooks and facilitate digital access during restrictions.

Currently, the project is operational in 51 sites in rural areas of

Nandesari, Vadodara district of Gujarat, tribal areas around Roha, Raigarh district in Maharashtra and urban slum of Hyderabad, Telangana comprising over 4,000 children across three States.



Number of Students Books Issued



## Nandesari Education Project Providing remedial education to children in secondary school in rural areas of Vadodara, Gujarat

The National Statistical Office (NSO) of the Government of India has revealed that one out of every eight students enrolled in a school or college tends to dropout without completing the education, and over 62% of all dropouts happen either at secondary and upper primary educational levels.

Deepak Foundation initiated remedial education at the behest of Nandesari Vidyalaya located in GIDC, Nandesari for children who need support in clearing the subjects like Maths, Science and English in secondary level based on the recommendation of school teachers. This year, the project team garnered support from various organizations for conducting virtual interactive sessions with experts, to resolved the queries and concerns related to the subjects. 225 children participated in the remedial classes.

#### ACHIEVEMENT

- 686 remedial classes held
- 225 children participated
- 77% children marking regular attendance in more than 80% of sessions from July 2020 to March 2021





# Strengthening health & wellbeing of pre-schoolers in Balwadis within Pune Municipal Corporation

The Foundation has been engaged in conducting health check-up and nutritional assessment of pre-schoolers 408 Balwadis across 15 clusters in partnership with Pune Municipal Corporation and School Board since 2008. During the COVID restrictions, door-to-door home visits were conducted for following activities:

- Identification of children with development delays
- Identified 337 children lagging in various developmental milestones identified
- Counselling of parents of under nourished children on nutrition & care
- Referral of 210 children needing treatment at tertiary care facility to Government Medical Hospital, Pune
- Conducting 747 Early Childhood Education sessions with delayed & normal children
- Conducting 701 parents' counselling sessions on health, nutrition & development of children
- Developed nutri gardens at 5 Model Balwadi Centers

 Identified 450 children with severe wasting (weight for height Z score <-3 SD).</li>





#### Deepjyoti School - A step towards progressive learning

The Foundation started Deepjyoti School in 2012 with a vision to provide a progressive learning environment that included all the elements conducive to learning. With a strong emphasis on quality teaching, the school has earned the reputation of an institution of quality learning in the area. The school had begun with an enrolment of 39 students which grew to 320 students over the past eight years.

A staff of around 30 teachers gives personalised attention to every student and closely monitor the academic performance of children, providing hand-holding and constructive support wherever necessary.

The school has 24 classrooms, fully equipped laboratories for Physics-Chemistry-Biology, computer lab, well stocked library, an air-conditioned multi-purpose hall for events, a dance room, art & craft room and a playground. The academics are duly supplemented with an array of co-curricular activities planned round-the-year, fostering all round development of children. With an unprecedented pandemic, the school began virtual classes with the latest platforms this year, ensuring continuation of learning.

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# LIVELIHOOD AND SKILL BUILDING

C.S.

## Fostering Economic Independence Augmenting local resources & dignifying lives

The Foundation has been working with the most neglected and vulnerable sections of the community, particularly women for providing livelihood opportunities and skills building of thousands of women each year in activities allied to agriculture, animal husbandry, health and natural resource management.





"The FPC's packaged instant meal mix "Instant khichadi" and processed pulses and spices were promoted on online platforms like Amazon, TRIFED etc and is now available at Tribes India outlets in the country with support from Deepak Foundation. The Company started a retail outlet at Devaliya Chokdi on the road to the Statue of Unity (SOU) on December 25, 2020."

## Farmer Producer Organizations (FPOs) Empowering the farming community

Deepak Foundation has been supporting formation of Farmer Producer Organizations (FPOs) with support from NABARD and CSR funds since over past five years. The first registered Krushak Mahila Khet Utpadak Producer Company Ltd. (KMKUPCL) in Naswadi taluka of Chhota Udepur, a tribal district of Gujarat has nearly 1100 women shareholders. The company is engaged in procurement of local farm produce, pulse milling, processing and spice making as its agribusiness activity. The Company registered an increase in sales by Rs 10.4 lakh in 2020-21, as compared to last year. This was due to the rising demand for dry ration relief kits in the pandemic and introduction of a new range of food products. Women were trained in various skills and technology with support from Department of Scientific and Industrial Research (DSIR), under the Dept. of Science & Technology, Govt. of India.





"Women member of MKUPCL participated in the Aadi Mahotsav 2021 organized by Tribes India at Delhi Haat (New Delhi) and got an overwhelming response for their products. "

Similarly, Krushi Prabha Farmer Producer Co. Ltd (KPFPCL) initiated with support from NABARD, in Savli block of Vadodara district comprising 500 farmers, was registered on December 25, 2020. The activities by the FPC are:

- Training of Board of Directors and members conducted by Yuva Mitra at Sinner, Maharashtra, supported by NABARD.
- Procurement and sale of 11 MT of Turmeric and 1 MT of Ginger in March 2021.
- Construction of an agro mall by the FPC for input supply to farmers.
- Procurement and marketing of local farm produce, operational by July 2021.
- Application filed for agro license and a Customer Service Centre (CSC) to help farmers with KYC documentation and government linkages.
- Plans of bulk procurement of castor, green gram and turmeric for private companies and government agencies, and support farmers with input supply for the coming season.



Training for BODs at Yuva Mitra, Nashik

### Project Udyojika - A trail of self-sufficiency

Tribal communities are amongst the most vulnerable in terms of food security and nutrition. One such vulnerable tribal pocket lies in Dhankanhewadi and Talavaliwadi villages of Roha block, Raigad district of Maharashtra, where the Foundation is already working on the health and education projects since 2015. In both these villages, some families were struggling to find a way for sustained livelihood by rearing birds and goats in their backyards. As they were unaware about vaccines for poultry and goats, the flocks had a high rate of mortality.

Starting establishing a Self Help Group (SHG), Deepak Foundation initiated project "Udyojika" to support these vulnerable tribal families by improving the traditional practices of rearing goat and poultry. The Project's aim is to meet the nutrition security of the tribals, generate employment for the women and provide them a supplementary income. Project Udyojika has played a great role in entrepreneurship development among these women by providing them a platform to enhance their existing skills. Efforts are being made for convergence with ongoing government programmes to enhance support for inputs, improved housing, preventive vaccination and healthcare. All this would enable these women and their families to develop small livestock rearing as a sustainable livelihood activity.


Micro credit societies - Pillars of rural economy. Deepak Foundation is empowering women through formation of Self Help Groups (SHGs) to promote savings and utilization of credit facility from the savings to take up various livelihood generation activities. Presently, 111 SHGs are federated to Deep Jyot Mahila Cooperative Credit Society (DJMCCS) around Nandesari GIDC area, Vadodara district to encourage savings among rural women. This year, the turnover of the Credit society has been about Rs 2 crore, with the annual savings to the tune of Rs 26 lakh Several capacity building programmes are undertaken every year by Deepak Foundation to train the women to undertake various group and individual enterprises. All these trainings have culminated into women, engaging individually or as a group, earning from these activities.						
SHG women across 6 sites W	omen engaged in saving	Women engaged in income generation	Total savings in 2020-21	Average monthly income		
156 (9 projects)	2076 (78%)	1286 (62%)	34.3 lakhs	Rs. 5272		

#### Project Neem Sattva - Turning crisis into opportunity

Long periods of lockdown pushed the daily wagers, industrial workers and agri-labourers into wage loss. Rising to the occasion, the women SHG members extended support in bearing household expenses through various enterprises to supplement the household income. Neem Sattva project creates livelihood opportunities for rural women in Bharuch district by producing and marketing of Neem-based hygiene products such as handwash, soap and hand sanitizers. The plant was set up with Corporate support and women SHG members of Mahakali Swashay Juth from Suva village of Bharuch district took a major leap by acquiring skills in making hygiene products using Neem extract to make soap and hand wash under the brand name "Neem Sattva". The product has received a good response from the market and can now be scaled up. The production unit has the capacity to produce 7,500 litres of handwash and 50 kg soap per month. Soon, Neem-based sanitizers will also be added to the list. An end-to-end value chain has been developed, starting from product design, technical support and procurement of raw material to production, quality testing, packaging, marketing, distribution to delivery of final product.



## Skills Building - Tapping the inner potential

The Skills Building Division has been continuously engaged in skills development and upskilling of various cadres of people, from government health functionaries to youth, farmers, rural women, corporate/industrial workers, etc. Whether it is on-thejob training, wage employment-based training, or enterprise-based training, the Division has imparted all types of trainings.



## Upskilling the Urban ASHAs - Preparing the frontline workers in the fight against COVID-19

Capacity building of ASHAs (Accredited Social Health Activist) is one of the key components in the National Rural Health Mission (NRHM). Deepak Foundation is one of the few organizations recognized by the National Health Resource Centre, Government of India, for imparting training to both rural and urban ASHAs. The Foundation has trained 22,338 ASHAs till date. In the year 2020-21, as ASHAs were engaged in community work round-the-clock, most of them were not allocated training slots by the Dept. of H&FW, Govt. of Gujarat. Only about 200 urban ASHAs, in eight batches, were trained by the Foundation in its residential training centre, Skill Building, Research and Innovation (ISBRI) located at Waghodiya in Vadodara district. Special sessions were taken on COVID-19 pandemic, highlighting the key roles and responsibilities of ASHAs in the community, which included linkage with government health infrastructure, and nutrition and wellness interventions for patients.

## Agriculture Technology Management Agency (ATMA) Programme -Building skills of the farmers

Creating sustainable livelihood and building skills are two sides of the same coin. ATMA aims at capacity building of men and women farmers to increase their know-how in agriculture technology, thereby enhancing their efficiency and augmenting the produce. These trainings help to bridge the gap that exists between the amount of labour put in and the output. The Foundation has trained more than 1,600 farmers till date in Vadodara and Chhota Udepur districts. The focus of the training in 2020-21 was on natural farming (including non-pesticide management, irrigation management, etc.) and good practices in animal husbandry. Eight batches covering 240 farmers were trained under the programme.

Particulars	Target	Achievement
Conducting batches of training in agriculture	8	8
Number of farmers in the training programme	240	240



### Home Health Aide Course - Bridging the gap between skill and livelihood

Deepak Foundation is affiliated to the National Skill Development Corporation - Healthcare Sector Skill Council - for implementing a government-approved course on Home Health Aide. This training is imparted at Institute for ISBRI in Vadodara and at the Foundation's training centre at Hyderabad. The course serves the objective of providing wage employment to people between 18-45 years; these include school dropouts and unemployed youth, widows and other needy people. It also serves as a foundation course for those interested in further pursuing nursing courses and growth in the medical and nursing sector.

Deepak Foundation has successfully trained more than 30 batches of trainees till 2020-21, covering over 1,500 students with nearly 80% placement ratio. The trainees were also trained on the pandemic preventive measures, patient care, importance of protective gear, monitoring of key parameters of COVID-19 patients. As a result, many of the trainees got placed at COVID-19 care centres, receiving salaries up to Rs 15,000-20,000 per month.

Particulars	Vadodara	Hyderabad
Registered trainees	176	184
Trainees completing course	143	177
Internship completed	125	177
Placement offered	97	177
Currently placed	65	177



## Housekeeping cum Cooking Course - Providing trained manpower in facility management & service sector

Opportunities for people trained in housekeeping and cookery is on the rise due to upcoming homestays, holiday homes, hospices, palliative care and other emerging requirements. The course provides great opportunities for the youth and women to develop their careers in this upcoming sector. The course is certified by the Domestic Workers Sector Skill Council, Government of India.

In 2020-21, nearly 75 trainees were skilled in this sector and many were placed in relevant jobs. Since the last two years, the Foundation has been conducting the course in its Vadodara and Panchmahal districts.

A major achievement was that an entire batch of inmates from the Vadodara Central Jail were trained and certified in this course. Vadodara Central Jail is starting a café, car wash unit and a petrol pump, and the officials wanted to make sure that the inmates operating the business should be well trained in cooking, housekeeping, cleaning and sanitization, accounting and management of a business. The Foundation roped in an experienced Chef and Housekeeping expert to provide training to the jail inmates, who found this a very enriching experience. Many of them are also on verge of completing their terms, and the course gave them hope of a new life outside the jail.



# **DISABILITY AND SPECIAL NEEDS**

## "

Nurturing Abilities "Not disabled, just differently-abled"

## Rehabilitating Children with Special Needs - to live a life of dignity & independence

Samaj Suraksha Sankul for boys in Vadodara city is one of the first public private partnership models between the Department of Social Justice and Empowerment, Government of Gujarat and Deepak Foundation since 2015. The Foundation is engaged in operations and management of the residential child care institute for children with visual impairment, physically challenged and orphans, After Care (aged 18 & above) and care for old and infirm. Ancillary services offered at the Sankul include the Early Intervention Centre (EIC), skilling of special educators, fostering interdependence through early identification of disabilities and linked with outreach activities to facilitate deinstitutionalization of children to encourage social inclusion.



## **Ensuring Overall Well-being**

The activities include infrastructure development and refurbishing, 24X7 care of children, periodic health check-ups, school facility for visually impaired, conducting educational and development activities as per the National Education Policy 2020, opportunities for inclusive education, vocational skills and counselling as well as their mental health assessments. Periodic competency assessment related to emotional and cognitive development are conducted. These include study habits (comprehension), socialization (effective communication), and eating habits, cleanliness and personal hygiene.





## Sankul's Response to COVID-19

During the pandemic, online classes were held for children across all categories. These included virtual classes through online platforms, interactive worksheets and videos, and sensory and mobility videos for conceptual clarity in various subjects. Sankul also served as a learning centre for day scholars, providing academic opportunities to poor and specially-abled children living in nearby slums and were below average and average learners. The program helped students in improving academic performance particularly in languages and Math, along with enrichment activities such as sports and outdoor play.

As a part of this initiative, there are 62 school going children from classes I-IX.

## Honing Skills, Nurturing Creativity

Skills training was imparted to 58 children in several creative activities such as making paper bags and folders, paintings, making and selling seasonal items like candle making, rakhis etc. It is a part of the vocational training that hones their skills, unleashes their creativity and provides livelihood opportunities for future.

#### Activities No. of Children Cumulative Duration Undertaken Involved Earnings 1 Month 15 4310 Diya Making **Canvas** Painting **Ongoing Activity** 12 15,000 Rakhi Making 1 Month 9 4360 Paper Bag Making **Ongoing Activity** 17 18,675 Spring File Making **Ongoing Activity** 10 20,832 9800 Greeting Cards 1 Month 8 Vegetables **Ongoing Activity** 6 1680 74.657 Total

\* 58 children skilled. The above chart shows only the number of children involved in one or more activities as per their choice of interest.

#### Vocational training support Samaj Suraksha Sankul

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## Sankul School Embraces Technology - Recipient of the best team award

In order to infuse technology in teaching methodology, the team has moved ahead with a new initiative of digitalization. The school principal and the teachers have started using the Non-Visual Desktop Access software. This is a screen reading software wherein the visually impaired children can read books and chapters by simply moving the cursor. The teachers have completed the training and are now all geared to teach the students. The aim of this software is to prepare children to give online exams to overcome the barriers of constantly using the traditional Braille language. A few students are now able to write emails and use smart phones to communicate.



#### Consortium for Inclusive Education - Bridging the gap between equity to equality

Consortium for Inclusive Education is the torchbearer for equitable education and works in partnership with parents, children with disabilities, the school management, teachers and special educators, counsellors and school co-ordinators. It is a state-level initiative, supporting regular schools in integrating children with special needs in mainstream education, ensuring that they continue to receive an equal and high-quality education. This project is supported by the Gujarat CSR Authority.



#### Sankul team rehabilitates missing child

The Child Welfare Committee at Vadodara found a child at the railway station and sent him to Sankul for care. During the counselling sessions at Sankul, the child informed the Counsellor that his parents were in the village and his father was not keeping good health. His uncle, who lived near his village, had brought him to the city for labour work. As the child did not want to do labour work, he was abandoned by his uncle on the station.

The child provided information about the location of his home. The counsellor found the location on Google and contacted the Police Sub Inspector (PSI). The PSI helped by providing details of the area with police jurisdiction along with the concerned superintendent's contact number. The counsellor then established contact with the superintendent and informed about the boy. Based on this information, the Superintendent located the child's family and facilitated a telephonic conversation between the child's mother and the counsellor.

After this, the family reached Sankul to claim the child. The Sankul staff and the police verified the identity proof of the parents and the boy was reunited with his family. The child stayed at Sankul for one week and during that period a full body check-up was done. The counsellor went to great lengths to unite the child with his family.



#### Minor surgery of industrial worker by Deepak Medical Foundation

Sunny Kumar Karnali, a 20-year-old youth approached Deepak Medical Foundation (DMF) hospital in emergency with a deep cut on his right ankle. He is a contractual carpenter working in a private company since about a year. He was living with his family in village close to the hospital area near Nandeseri GIDC, Vadodara. He was referred to DMF by one of his colleagues who had earlier sought treatment at DMF. He was injured as a metal plate fell on his right leg, crushing the underlying tissues. He had received basic first aid by the Company staff before being brought to the hospital.

At the hospital, the treatment was provided by the nursing staff on arrival. On careful examination of the wound by the Medical Officer, the nursing staff along with the doctor had to give sutures to control the bleeding and secure the wound. All the necessary treatment was provided with proper counselling for post injury care and medications.

He was happy with the immediate care and services provided by the doctor and the paramedical staff. The company was also satisfied that their employee got treated at a nearby hospital. The company supported the patient and bore the entire cost of the treatment.



#### A success story of 1,000 days programme: Schaeffler, Vadodara, Gujarat (Savli MHU)



Daxshaben (name changed), aged 25 years, a resident of Alindra village, registered herself in the 1,000 days clinic programme of MHU in the 4th month of her pregnancy. This was her third pregnancy. At the time of enrolment, her haemoglobin (Hb) was low 8.5 mg/dL. The counsellor recorded her dietary intake and pattern. She consumed a variety of food groups, but not in insufficient quantity fearing vomiting after food consumption. So, the counsellor advised her to consume small quantities of food at regular intervals of 2-3 hours.

After counselling, Daxshaben consumed sufficient quantity of food and increased her regular intake of fruits also. Due to a change in her dietary intake, and continuous supervised IFA consumption, her Hb improved - from severely anaemic to normal. The MHU team regularly tracked her height, weight, Hb, and diet. Daxshaben's weight improved from 39.8 kg in the 4th month to 49.0 kg in the 9th month, gaining 9.2 kg in the last two trimesters. Likewise, her Hb increased from 8.5 mg/dL in the 4th month to 11.8 mg/dL in the 9th month. She finally delivered a healthy baby boy weighing 2.7 kg.

As advised, she initiated breastfeeding within an hour of birth and fed colostrum to the baby. The baby was given exclusive breastfeeding till six months after which the complementary food was started. On initiation of complementary feeding, the child started getting severe diarrhoea, due to which the mother reduced the quantity of food she normally fed. This resulted in the child becoming underweight by the 7th month. The counsellor advised the mother to introduce each food group in intervals, within 3-4 days. During the field visit, the counsellor observed that the child was putting his toys in the mouth. The counsellor asked Daxshaben to wash his toys with warm water at least once a week. With regular counselling, Daxshaben improved her son's hygiene practices and dietary intake. The child's weight improved gradually. The MHU team is in constant touch with the mother and child and has ensured that holistic care reaches them at their doorstep.





# **RESEARCH AND DEVELOPMENT**

## SANGAATH: Community-based action to leverage utilization of government safety net programs and schemes

Social safety net programmes are designed by the government to provide regular and predictable support to poor and vulnerable people. This helps them to tackle both the immediate and underlying causes of poverty and malnutrition. Given several bottlenecks to utilization of these schemes, the vulnerable citizens are often deprived of the entitled benefits under various government schemes aimed at providing social safety nets to the eligible beneficiaries to pull them out of the vicious cycle of poverty and undernutrition. Project Sangaath aims at skilling and engaging local volunteers in identifying beneficiaries eligible for availing benefits of various govt. schemes, processing prerequisites and basic documents, providing them with a QR coded card with access to digitized documents and facilitating govt. liaison with village, block and district level govt. authorities to expedite processing of the applications in order to get the benefits.

The Foundation piloted Project Sangaath in six villages of Vagra block of Bharuch district from 2017-2019. After the success of the pilot, the project was scaled up across locations in four states such as Palghar and Pune in Maharashtra, Nandesari, Halol and Morbi in Gujarat, and Yamunanagar in Haryana, through the CSR partners and support from the district administration.





### Transforming Family-Based and Alternative Care in Gujarat & Maharashtra

Recognizing the "Right to a Family" as the most basic right of a child. Supported by Miracle Foundation, the Project aims at early identification of children in need of care and protection at community level and curtail avoidable institutionalization. The goal of the program is to develop non-institutional alternative care model on pilot basis that is family-based and community-oriented in providing care and support to children in need at community level. The initiative is underway at two sites in Gujarat and Maharashtra. The program not only identifies families and children at risk but also skills them in parenting, training of children in life skill education and identification of community volunteers as master trainers for life skill education of parents.

A key aspect of the project is formation and activation of village and ward-level child protection committees and building their capacities to take the onus for their respective communities in the long run. The cadre of community volunteers takes responsibility of:

- Problem identification & prioritization
- Identification of families at risk
- Participation in capacity building and training of children and parents on life skill education

Bal Panchayat is established to empower children in decentralized planning and decision making with members identified from the community.



"Child voting for during Baal Panchayat formation at Chhota Udepur on November 9th, 2020"

#### Major achievements of the project

Particulars	Gujarat	Maharashtra
Geographic location	3 Tribal Villages	WarjeWadi, Ramnagar, (part of Urban Ward)
Identification of families at risk	71	49
Identification of children at risk	87	69
Meetings with VCPC/WCPC	24	8
Community Volunteers	20	15
Bal Panchayat Members	35	30
Parents trained in parenting skills	99	155
Community volunteers as master trainers of life skill education	20	15
Teacher's training	09	
Children trained in LSE		173

## Skilling & Facilitating Entrepreneurship opportunities for tribal women farmers

Tribal women farmers of Naswadi block of Chhota Udepur district in Gujarat are provided with skills training in various enterprises since the past couple of years. A series of technical trainings are imparted with the objective of technology transfer funded by the Department of Scientific and Industrial Research (DSIR) to the women farmers who are members of *Krushak Mahila Khet Utpadak Producer Company Limited*, a women's only farmer producer company (FPC).

Around 500 women farmers were trained by skilled and professional trainers using subject specific modules. The training pedagogy included both theory and practical sessions. Trainees were provided study material in Gujarati language for their future reference. Pre-post skill assessment is also conducted.

Post training, women engage themselves in several livelihood

activities, promoting and marketing products of their FPC with a brand name 'Krushak' as well as earning through their home-scale enterprise. Some of the major enterprises undertaken are:

- Tomato ketchup preparation & sale
- Custard apple pulp
- Instant Khichdi
- Grading and packaging of pulses & dals
- Masala making
- · Preparing relief kit and materials

Marketing support is provided to encourage sales. For example, a kiosk supported by Deepak Group of Companies under its CSR activity is provided to market and sell their products near 'Statue of Unity', a popular tourist site in Narmada district of Gujarat.



"In order to gain market visibility, women were motivated to participate in various exhibitions and fairs organized within and outside State such as 'Farmers' Market' at Vadodara; 'Delhi Haat' in New Delhi; 'Bhasa Festival'; 'Vasant Mahotsav'; 'Upaj'; Fresh Mela' and 'Chhota Udepur's Tribal Arts & Crafts' in Vadodara."

## Adolescent Nutrition Programme, Gujarat



The Foundation implemented the Adolescent Nutrition Programme, supported by Nutrition International (NI), in 15 focussed and 18 non-focussed districts of Gujarat. The project endeavoured to achieve govt. system strengthening. The project aims at improving coverage and consumption of weekly Iron Folic Acid Supplements (WIFS), promoting nutrition and health education, and counselling among schoolgirls in public schools and out-of-school adolescent girls through Aanganwadi Centres (AWCs). In accordance with the prevailing conditions and government policies for prevention and control of COVID-19, the system strengthening activities included capacity building of officials, participation in block and district level meetings to bring WIFS as a priority agenda, ensure supply chain of IFA through field monitoring and supporting districts in addressing local shortages.









Areas of Intervention

Stories of Strength

## **OUR PRESENCE ACROSS INDIA**

#### **GUJARAT**

Head Office Nijanand Ashram Premises Adjoining L&T Knowledge City, On NH - 48, Tal. & Dist. Vadodara - 390019 Ms. Suchi Dave M. No.: 9909984910 Ph: (0265) 7572890011 / 15

#### Bodeli Guest House

Deepak Foundation Guest House Block No. 34, Shree Laxmi Cooperative Housing Society, Dhokaliya Road, Bodeli - 391135 District: Chhota Udepur Ms. Sunita Rathwa M. No.: 8469327832

#### Training Centre Jabugam

Deepak Foundation Old Jabugam Hospital Taluka: Bodeli - 391155 District: Chhota Udepur Ms. Sunita Rathwa M. No.: 8469327832

#### Samaj Surksha Sankul

Sarakari Andh Shala, Behind Gelani Petrol Pump, Pensionpura Nizampura Road Vadodara - 390002 Mr. Mukesh Modi M. No.: 7069160053

#### Dahej

Deepak Foundation Bunglow No. 46, Sarjan Villa Society Village – Bhensli, Taluka – Vagra District: Bharuch - 392130 Dr. Abhay Sahay M. No.: 7007033232 / 9839121272

#### **JHARKHAND**

#### Madhuban Deepak Foundation

Beside Urban Haat, Birangara Opp. Police Station, Madhuban, Shikharjee District: Giridih - 825329 Dr. Pankaj Patel M. No.: 9334209502 / 9097633554

#### Nandesari

Deepak Medical Foundation Near GIDC Office, Nandesari Tal: Vadodara, Dist: Vadodara-391340 Ms. Smita Maniar M. No.: 9825041649 Ph: (0265) - 2841455/9909942016

#### Kawant

Deepak Foundation Opposite Mamladar Office Kadipani Road, Kawant District: Chhota Udepur Ms. Manorama Jaiswal M. No.: 9909942017

#### Naswadi

Apna Kisan Mall At Reva Ginning and Pressing Factory, Kawant-Boriyad Road In front of Hardik Hospital Naswadi - 391150, District: Chhota Udepur Ms. Manorama Jaiswal/Mr. Rohan Borhade M. No.: 9909942017 / 8980336832

#### Vadodara

Help Desk - Deepak Foundation New Emergency Ward, Besides Bhatuji Mandir S.S.G Hospital Vadodara - 390001 Ms. Jyoti Pundalik M. No.: 9909984316

#### Halol

Deepak Foundation 25/2, Bhagawati Vatika Society Kanjari Road, Kanjari Village Halol Block, District: Panchmahal Mr. Sasanka Sekhar Singh M. No.: 9810711202

#### Ranchi

Deepak Foundation 2B Shreehari Appartment Shukla Colony, Hinoo Ranchi- 834002, Jharkhand Dr. Pankaj Patel M. No.: 9334209502 / 9097633554

## **OUR PRESENCE ACROSS INDIA**

#### MADHYA PRADESH

Bhopal 1st Floor H No-29, Patrakar Colony Front of NHM Office Link Road No-3 Bhopal – 462003, Madhya Pradesh Mr. Sunit Chandra Datt M. No.: 8320243909

#### Jabalpur

Deepak Foundation 486, Behind Gorakhpur Gurudwara Napier Town Jabalpur – 482001, Madhya Pradesh Mr. Sunit Chandra Datt M. No.: 8320243909

#### MAHARASHTRA

#### Pune

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#### **NEW DELHI**

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#### Sagar

Deepak Foundation Plot No: 132, Christian Colony, Behind Jail, Tilli Road, Sneha Nagar, Sagar – 470002, Madhya Pradesh Mr. Sunit Chandra Datt M. No.: 8320243909

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## **DEEPAK FOUNDATION**

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