

DEEP JYOTI



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International Women's Day - "Pillars of Change"



Deepak Foundation celebrated International Women's Day on March 8. On this occasion, the 3rd Smt. Kantaben Mehta Memorial Awards were given to selected 13 women social changemakers. Dr. Shamsher Singh, IPS, Commissioner of Police, Vadodara was invited as the Chief Guest. The other invitees were Dr. Minal Rohit - Scientist ISRO, Ms. Geeta Gaekwad – Chairperson, Women Cricket Selection Committee and Radhika Bharai, ACP & Nodal Officer - SHE Team, graced the occasion. Ms. Ila Mehta, Trustee and Ms. Archana Joshi, Director of Deepak Foundation also graced the occasion. The awards were given based on various criteria such as livelihood promotion, social welfare scheme for women in distress, skill development and improvement in health and nutrition. The awards were presented to three external and three internal awardees, which are shown below.



Muni Seva Ashram team



Chandrikaben Makwana



PlasJuvant Techno Health LLP



Anjanaben Padhiyar



Nayana Padhiyar



Deepali Wagh

Introducing vocational training to school going children in line with National Education Policy 2020



The policy recommends introduction of vocational education to school children from Grade-6 onwards to acquire need-based skills to enable them to participate in income generating activities. Student's understanding of work environment, career options and pathways for future employment opportunities is imperative to address the growing problem of unemployment. Project Vivek Vidya has initiated vocational skill in locations Nandesari, Vadodara district of Gujarat, Roha and Raigarh district of Maharashtra, and Hyderabad city in Telangana. Training was imparted to 70 young local community volunteers known as Vidya Sathis as master trainers in imparting need based vocational skills program to children. As many as 1058 upper primary children participated in various courses like paper bag making, local arts and craft, origami and nursery making.



Providing a cadre of Palliative Care Attendants



Deepak Foundation, through the Institute of Skill Building, Research and Innovation (ISBRI), Waghodiya initiated a crash course on Palliative Care. The first batch of trainees comprised 38 semi-skilled functionaries (ANM/GNM/paramedical staff). Trainees were imparted theoretical as well as practical knowledge and were also taken for exposure visits to Palliative Care units of Deepak Foundation. The purpose of the course was to impart learning about the nature of suffering of the patient and understand the experience of people living with serious illness. The approach was to render the candidates an insight and train them to provide the patients with effective care (physical, mental, social, and spiritual) to terminally ill patients. Guest speakers were also invited to speak on the relevant topics. The course included various inclusive topics on palliative care such as ethical aspects, roles and responsibilities of palliative care attendants, nursing care, wound care, pain management, nutrition, rehabilitation, psychiatric care, terminal phase, end of life decision making, yoga and wellness.

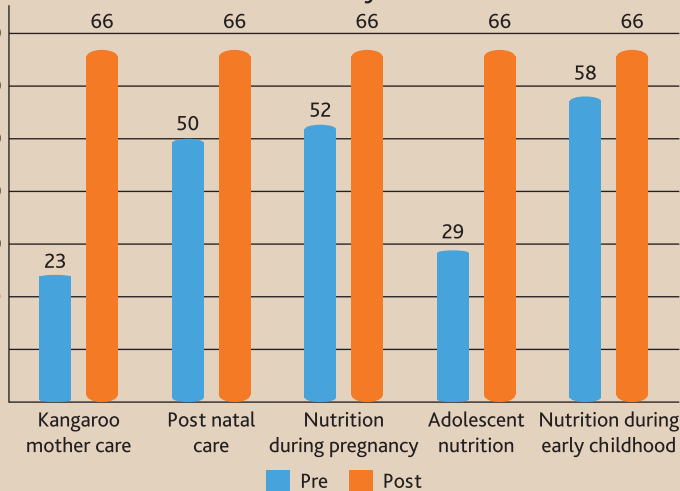


Curbing increasing menace of Anemia among adolescent girls



Considering the increasing prevalence of nutritional anemia among adolescents, Integrated Child Development an orientation program was held for 67 Anganwadi workers in two batches at Sankarda and Angadh villages located near Nandesari GIDC area, Vadodara. The sessions emphasising on practicing dietary diversity, importance of 1000 days follow up as “window of opportunity” for reducing stunting in the first 1,000 days from pregnancy to the child's 2nd birthday, demonstrations of kangaroo mother care, exclusive breast feeding, colostrum feeding, complementary feeding, and nursing positions. Discussion on prevention of malnutrition among children aged 3 to 6 was also conducted.

Pre and Post analysis of AWWs



Navi Pahel - Promoting Inclusive Education



The Rotaract Club Sayajinagari, Vadodara collaborated with Deepak Foundation to organized “Navi Pahel” with the objective of promoting inclusive education for children at the Child Care Institution. The event was graced by Dr. Shamsheer Singh, Commissioner of Police, Vadodara and Radhika Bharai, ACP & Nodal Officer, SHE Team.

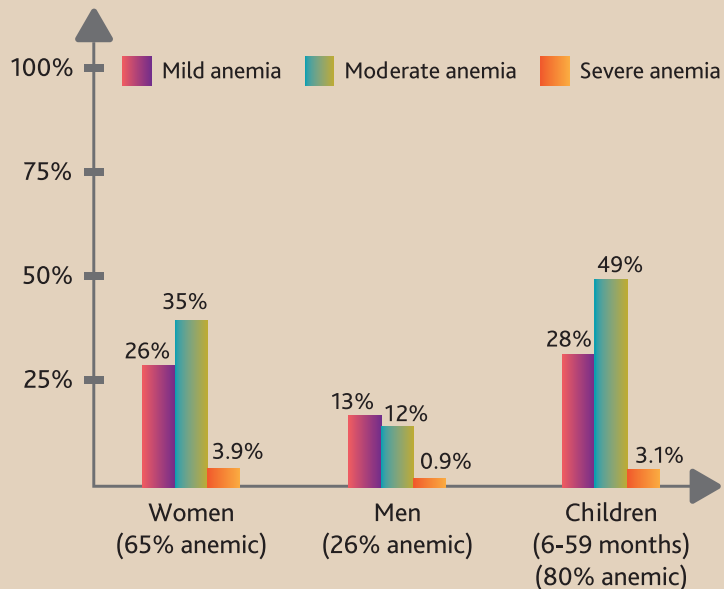


First Symposium on Action Against Anemia in Gujarat 2022 organized



Despite concerted efforts, India continues to grapple with high burden of anemia contributing to nearly quarter of the global anemia burden. As per the recently published National Family Health Survey (NFHS)-5 2019-20 results for Gujarat, anemia in women of reproductive age group worsened from 55% to 65% in the last five years. Deepak Foundation, in collaboration with the Parul Institute of Public Health, conducted a symposium on March 26, 2022 to bring together primary research evidence and experiences of civil society organizations in Gujarat. Technical paper

presentations were made after shortlisting of selected abstract with support from Indian Institute of Public Health, Gandhinagar. The symposium – Action against anemia in Gujarat with acronym AAG-2022 – 'Act Now' was held in Vadodara. The Director, Deepak Foundation and Director, Parul Institute of Public Health, were the co-convenor of the event. The symposium was chaired by Head, Dept. of Foods & Nutrition, MS University who was also the keynote speaker. The Pro-Vost of Parul University also graced the occasion.



MAHARASHTRA

Supporting government in vaccination drive through Mobile COVID Vaccination Unit in tribal areas



Deepak Foundation, with support from CSR fund and in collaboration with District Health Department, Palghar district in Maharashtra launched Mobile COVID Vaccination Unit to increase vaccination coverage among tribal population in 59 villages of Mokhada taluka of the district. The program aimed at providing more than 12000 COVID-19 vaccine doses within two months.



MADHYA PRADESH

World TB day 'Invest to End TB. Save Lives.'



World TB Day is commemorated each year to create public awareness about the devastating health, social and economic consequences due to tuberculosis (TB) and to step up efforts to end the global TB epidemic. Deepak Foundation had organized the TB-free workplace activities in 22 districts of Gwalior, Jabalpur, and Sagar Division to mark "World TB Day" aligned to the National goals of eliminating TB by 2025.

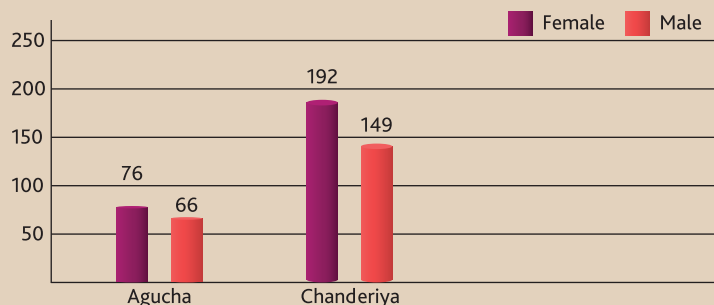


RAJASTHAN



Improving outreach of primary health care services in rural areas

As part of providing primary health care services in CSR catchment area, mega health camps were organized in various villages surrounding the plant sites of Hindustan Zinc Limited. Orthopedic, Dermatologists, Gynecologist, Ophthalmologist and General Physician OPD specialists conducted OPDs in the camp. A total of 483 beneficiaries from Chanderiya and Agucha districts benefited from the program.



Graph represents gender wise distribution of health camp beneficiaries (N-483)

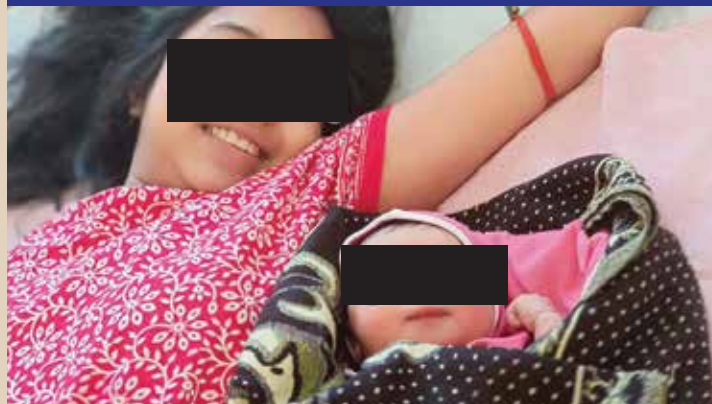
TELANGANA



Demystifying science among school children using innovative measures

More than 100 students from class 6 to class 8 actively participated Science Day under Project Vivek Vidya. The project promotes age-appropriate learning competencies using innovative measures. Testing the application of various innovative science practices and understanding various experiments was part of the celebrations.

JHARKHAND



Facilitating free-of cost maternal and new-born care services in tribal areas

Deepak Foundation facilitated commenced advanced maternal and new-born services at Kalyan hospital in Kuchai block of Seraikela-Kharsawan district for tribal poor. Complicated surgical procedures are pressed into services for saving lives.

FROM EDITOR'S DESK

In this edition of Deep Jyoti, we talk about the essence of social impact leaders whom we felicitated on women's day. With the closure of the financial year, we have a common hope for encouraging each other and standing by the beneficiaries. Even though the problems are huge, although the government is doing a lot of work in many areas, the villages still have many unresolved problems spanning from poverty to illiteracy to lack of medical facilities. We as an organization strive to work towards creating excellence and filling the gaps.

Priya Chakraborty Giri

STORIES OF IMPACT



A 43-year-old Asha (name changed) lives with her husband and two children. On completing her graduation, she started working as the front desk executive at a city-based hospital at a meagre monthly salary of Rs 3000. When her husband suddenly passed away due to COVID-19, she needed financial support to overcome the cost of treatment incurred for her husbands' treatment. She joined Home Health Aid course after meeting the course counsellor. During the academic tenure, she completed the modules successfully. Post completion of the course, she got a job opportunity to work with one of the renowned city-based hospital and started drawing salary of Rs 7000 per month. Today, she does not have to face the day-to-day struggle of making both ends meet.



Satishbhai (name changed), a resident of Salatwada area, Baroda district was the sole bread winner of the family. He was detected with cancer and Kiran (name changed), his wife aged 40 years had to support her family comprising of mother-in-law and child. Though she had not completed her education beyond class 8, she enrolled herself for the Home Health Aid course followed by a crash course on palliative care. On completion of the course, she was selected by the Foundation's palliative care unit at Waghodia. She receives salary of Rs 9000 and her husband receives free medical aid and treatment at the Palliative centre facility operated by the Foundation in partnership with govt. PSU under CSR initiative.

For any queries or suggestions, please write to us at:



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